Development - Two Weeks

Your baby is growing and settling into the security of your family and learning every day.

At two weeks you may notice your baby

- Crying around 5-6 hours per day
- Spending lots of time feeding, sleeping, and crying
- Focusing on your face
- Looking into your eyes
- Turning their head towards your voice
- Turning their head towards light and sound
- Startling to sounds
- Grasping your fingers when you place them in their hands
- Making grunting noises which are early speech sounds
- Making jerky movements
- Lifting their head briefly when on their tummy
- Legs making crawling movements when placed on their tummy



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How to help your Baby Develop

- Talk to your baby in a soothing calm voice
- Respond to your baby when they are crying
- Look into your baby's eyes regularly
- Make faces and smile with your baby
- Cuddle your baby regularly
- Talk, sing and read to your baby
- Give your baby some tummy time
- Give your baby a massage
- Give your baby skin to skin contact

