

The background features a pink graphic with two overlapping rounded rectangular shapes. The top shape is a lighter shade of pink and has a circular hole on its left side. The bottom shape is a darker shade of pink and has a circular hole on its right side. The text is centered within the top, lighter shape.

## Development- Three and a Half to Four Years

Your pre-schooler is becoming more independent and adventurous. There is development with language, friendships, emotions, and physical skills.

## At Three and a half to Four years you may notice your pre-schooler

- May sleep through the night from 7 pm to 7 am
- Enjoys playing with other children
- Socialising with a broader range of people
- Understands how to share
- Express emotions and shows affection
- Knows the difference between happy, sad, angry, scared
- Has a decrease in tantrums
- Developing a sense of humour
- Make eye contact with you when you talk to them
- Speaking in sentences with clear words
- Other people can understand them most of the time
- Holding a pencil in a mature grip
- Understanding 2-3 step directions
- Pretend play
- Has more imagination
- Asking questions
- Knows their gender and age
- Running/climbing/kicking a ball/throwing a ball/riding a tricycle/balancing on one foot
- Is independent with feeding and dressing
- Drinking out of a cup
- Is toilet trained during the day



# How to help your Baby Develop

- Play games that involve sharing and taking it in turns
- Take your child to the park and give lots of opportunities to play outside
- Organise play times with other children and attend a kinder program
- Read to your child and ask them questions about the story
- Have lots of conversations with your child
- Draw with your child and get them explain their drawing
- Do some craft or painting
- Praise your child when they are displaying good behaviours
- Laugh and sing with your child
- Cuddle your child regularly
- Encourage independence with everyday skills
- Have family meals together
- Cook with your child

