Development- Six Weeks

Your baby is growing and learning every day. They are interested in their environment and learning through their relationships with you and your family.

At Six weeks you may notice your baby

- Has an increase in crying and fussiness
- May be a little harder to settle at times
- Has made a strong bond with you
- Your baby recognises you
- Your baby notices objects 45 cm away
- Is smiling and responds to your smiling
- Turning their head towards sound and your voice
- Moving their mouth and lips when you are talking to them
- Squinting at bright lights
- Grasping your fingers when you place them in their hands
- Has an increase in grunting noises which are early speech sounds
- Making jerky movements
- Lifting their head and turning it side to side briefly when on their tummy



How to help your Baby Develop

- Talk to your baby in a soothing calm voice
- Respond to your baby when they are crying
- Look into your baby's eyes regularly
- Copy your baby's facial expressions when playing with them
- Smile at your baby
- Cuddle your baby regularly
- Talk, sing and read to your baby
- Give your baby some tummy time
- Give your baby a massage
- Give your baby skin to skin contact

