

Understanding The Infant Cues

Virtual Parenting Hub - Online advice, support, and guidance empowering parents to work through challenges and find solutions.





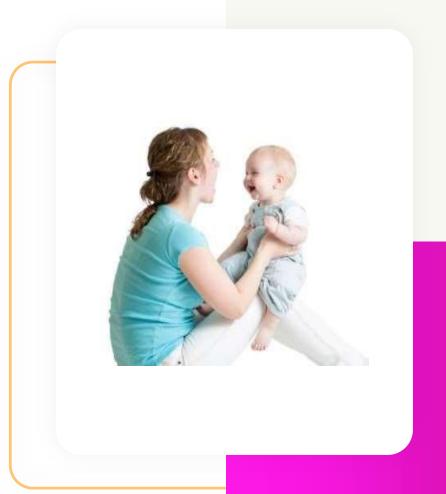
Let us know the signs that babies give:



Engaging Signs

Understanding the infant cues

- Looking at your face
- Smooth movements of arms and legs
- Reaching out to you
- Turning eyes or head towards you
- Smiling
- Feeding sounds
- Cooing
- Babbling/talking
- Eyes wide and bright
- Face bright





Hunger Signs

Understanding the infant cues

- Crying
- Mouthing
- Rooting
- Hands to mouth
- Sucking movements
- Clenched fingers or tight fist over chest or tummy







Tired Signs

Understanding the infant cues

It is essential for parents to pick up on the tiredness signs before infant gets overstimulated:

Yawning

- Staring into the distance
- Jerky movements
- Sucking fingers
- Rubbing eyes
- Losing interest in people and toys
- Crying/fussiness
- Turning head away
- ${\ensuremath{\, \bullet }}$ Pulling at the ears







Toddler Tired Signs

Understanding the infant cues

- Clumsiness
- Clinginess
- Grizzling or crying
- Demands for attention
- Boredom with toys
- Fussiness with food.



Satisfaction Signs

Understanding the infant cues

- Arching of back
- Pushing away
- Falling asleep
- Open arms at side of body
- Open or relaxed fingers

